

## SM Exhibit J

Pack to IMLC

TK Telephone  
C. S. J. C.

4/13/09 - F/FC for adrian Scholastic

on job since 02,

4/33,

present

Chest pain of Glyn started in with asthma like heat, & heavy person. Chest tightness. ERB's around a few weeks ago, on 4/3/09, was off duty at home & felt bad. Fractured chest tightness cold foot heat (Never had never so bad.)

Lorazepam sleeping, not rapid heart beat. Fast like heart beat when don't sleep well. → ER in first week. injection of Lorazepam wake up feels great took 2 lbs. end of next 2 nights breaking fast few months starts getting blisters on feet (More foot pain now?) yes. Since Nov. But didn't notice anything on foot then in RMP. Can only smell for me people smoke in car, it smells. On a day before this & then having blisters on sole skin. Would rather walk miles (A/C) feel very good.

Stomach problems ~6 months. Doctor's conducted research to it. "2 months ago (PCP) treated. Seizures, (?) (for days & night?) for sleeping disorder."

Doesn't eat meat until recently, hasn't seen a doctor since 02 or 03 mill. - 2003 - 2004 trouble sleeping ~3 months, (?) while 4x/3 (?) goes bed ~5 am. (bk and stay?) Reports on how far walk they have made & report of exploring the TV on gets up "1pm 2pm"

(wake up day right?) No,

(fall asleep at 5 or get in bed at 5?) sleep at 5,

(10-8 hr) ch (7) this is 1x/2-3 days.

If he ends at 6, gets up at ~~00~~ 9-10 am to  
get it done 5-4.5 hours - 4-5

(7) 8 hrs on RDO's;

Dog will need 3 out of 5 days get 4-5 hours.

Feels run down <sup>down</sup> harder than it was able to handle  
com with regular hours. Dog often seem to handle it  
well.

general

"I eat crap," when it works

Wants to stay eat meat for ~~ethos~~, seems to keep  
putting it off, she doesn't eat & hard to carry food  
around on pet food.

Get referred to see nutritionist & psychiatrist.  
wants a better lifestyle.

Eats too much Soda (not diet)

Smokes about 7-11 at 3pm of junk food

(Work problems?) Her best job she was running

in family got laid going "2.5", been statistician, Researcher,  
she applied it, next day ~~had~~ had sign on back

going (all you do is like your job, get another one)

Doesn't delegate, don't even know how to go about doing as  
applied. She hires a later helper (cost \$5000 retainer)

Intervent cost \$300

Out of 4/13/09 F/F - Po admin checkup

Wont  
Union "wishes & delights" don't have to do.  
was says he's been restrained & controlled, but  
he never was no wrongs NO Warnings

2/25/07, Mos, delegate - 8/9 Supervisor in over, not C-100,  
C-200, A-200, B-200

They said he has low activity, <sup>cannot</sup>  
& other write false stories. ~~He~~ won't do anything  
about it. They not bscy "now" for I lot  
better & can others.

They not see 250's (sky, greatest & pridest)  
not training in it. Would like one time & off's, etc  
others go, but Mos hasn't been ~~attends~~ presents  
Mos this is how the standards of Po's who police not any  
spare too much the strict of how they "should be!"

Complaints by 14 P.D. Employee Supervisor to be placed under recommendations to them

Mos from TX & his father was a Po in TX  
no prob or job till last year. (Any other in dating is  
history?) not sure summer probably been there before, B.I.  
still very active esp. got less than \$15. Bonus & I'd him that he  
"use to be a honer" but Mos don't recall ever being "a honer,"  
(false) <sup>and with</sup> ~~and~~ <sup>in</sup> I think he's

a few years behind in tax returns kept money to do it but  
didn't put you good to work block & do it for him,  
you to me honer, not vice versa, no & problems.

Job 644

at present about 54 yrs., probably Blatt County born first wife P.O.,  
Cognacred body, "not a racing boy; used to run for fun we  
was taller than he is now, white hair, \* we later middle class, both parents  
white, no pub, with looks of work in Navy, black eyes one broken  
on the country, state where he is among, other like him,  
note his people in country talk to each other & treat each other,  
his first post went to biggs law firm W.H. lot of us in town & Co.  
No halles or piano "talked people very well, not any  
but under it they amuse him there - he is mostly the same  
as I find.

Medic

Was - medic today, Feb 1977 - ~~He had~~  
had been to dentist office out of Navy - ~~He had~~  
was in some pain with his teeth, took him to dentist,  
parents took him in a taxi  
Mother died of cancer 5 yrs ago. The one best the  
last act of memory father - Father about 5'8" tall, thin  
Father nearly always ~~on the~~ in shape of D 42 / per liter  
Father is 5'3" thin 2/07, father has syndrome  
body gets feed off stomach, looked like bedstraw  
got food out coffee pot & take him face <sup>now</sup> tan & long  
bottle of hydrocodone, & may other medicine <sup>sporadic</sup> no longer does.  
Father got it all from VA. (what not) second day, last time,  
Vetinary the man M.P. His birth after wife's death they  
differ, no one in family ever smoke, drinking etc  
coffee for such was only "fix" <sup>when</sup>

Wt per father on 1/20/77, 3 months later brother says  
lost weight 10 lbs & still has not gained, only any, a

Weight

Weight

Cont of F/F to Po about shadow on 4/13/59

... expected ~~but~~ to see it really has it, Father sd.  
had take time & come to the station, ✓ S/N H/K  
etc.

Father had 16 cats & 5 dogs, ✓

Mos had 8 for house all. Mos took Mother's cat(s)  
against her. Father after rescue groups of rest  
of cats. Heard all got placed in house

Dogs - I went to a kennel, I went "kennel cry" I had  
to go to sleep. Try to find home for most. All were  
mostly racing; Dad won't do that anyone b/c my next  
awing honey - Father has been trying to bring better  
We have today with back & feet to bags for dogs,  
in competing position. She has at rate which we disagree.

Age 48, Mos had R.R. patch but no present to OZ in

(i) the P.C. Was supposed to take Mother to doctors  
(ii) first day. Cannot get all ~~other~~ <sup>other</sup> ~~now~~ didn't  
know where Mos was. Mos respects job for that,

He strode with

The spring 1st 41. That her father are "caring us off [about],"  
the father was in hospital, done was brought in. Took  
all my antique antiques ~~memorabilia~~ & nothing after  
put out several posters. Mother's wedding band, which was  
in water. Photo, in one 6x8 size section

Notes of this ~~at 3 AM~~ <sup>in valley and at 3 AM</sup> sitting on a low low slope

John saw 2 large fathers at bridge shop, caps & etc.  
one street 11-31, left body, photo ~~on~~ <sup>in</sup> mouth sd hand 7 yrs.  
Investig. later & night.

- called (cont)

< Super by TIC TIC >

Plan: They removal of F/A pants/pants and decline toward  
to Proprietary. Dr. P. P. P. S.

Feedback given to MoS,

Provided MoS to psychologist, on mind-body connection &  
ways kinds see a psychologist, which he agreed,  
also referred a med. and to a psychiatrist instead of his  
PCP but he declined, preferring an MoS if possible.

- Don't want MoS

F/A removal conducted by AZ Mihale & ~~came out~~  
by Sgt. Miller of abdomen listed & Do <sup>top</sup> ~~bottom~~ of Rect. B. II.  
Sgt. Bellini ran the F/A checks, 2 F/A, 20+ shield  
rounded at Med Div / Shred bag in Locker, 2 guns

Wore at home, + ID card was on his person, MoS cooperation, but  
doesn't want R/P. → G anxiety prop

4/14/09 - Superintend Dr. Propp, - Plan on R/P

4/14/09 - TIC TIC Dr. Chiff, Dr. July 1st off Med 5/24 &  
resting readily to F/D. → G anxiety prop

4/14/09 - Warn Mo about R/P decline - G L

4/15/09 - TIC TIC MoS, "extreme dogmatic lean" →  
~~He is a good dog it does not indicate reason for it. He~~

repeatedly said "why, b/c of an entertaining the idea of seeing a  
psychologist?", even though I explicitly explains that his physicality of stress  
are in need of this. He added that the "obey" are related, standard (again) that R/P  
is not a displaying action. We want to monitor him & encourage them so he can get  
better, & got back to F/D. He verbally receives Raz's signed on 4/13/09.  
He will follow up & that in writing. → G anxiety prop

## FITNESS FOR DUTY INTERVIEW FORM

INTERVIEWER Dr Lamstein  
NAME Po Adam Schoolcraft  
CURRENTLY LIVES WITH Sgt.

DATE 4/13/09FAMILY OF ORIGIN  
(parents, siblings)

Parents marital status

*Parents married b/c mother's death*

## Deaths

## Problems (e.g. serious illness)

Number of siblings 2Past and current relationship  
with family 2d C father

*See notes*  
in TX, no contact since mother died after mos left off  
today, she & parents had 1 job & a nice house  
she was always & greatly pregnant at 19,

MARITAL STATUS

Married

Single

Divorced

Single

no fight see

Children 0*No real duty or stress life*

Dating pattern (if married)

*Since moved to NY in '02,*Describe relationship  
(length, quality)*Not I & remote boyfriend**consensual, not working in daycare,*

Resolution of conflicts

*not I & work issues*FRIENDS (close)

Number 4-5 *2 part-time workers*  
(incl 1 full-time school teacher & 2 others, incl 1 son, incl 1 daughter)

On or off job both, 8-10 daysYears known oldest friend  
Sees how often

*(1) don't want to do what they  
will then do he come up - for him, he is  
new friend then,  
of course it's not looking*

ALCOHOL USAGE

Alcohol in week

At most 2-3 days

Drank more

*in Navy, age 17-21, when hitches, in last 2 yrs a slight increase*

How often has too much to drink

*now in at least 4/5 just the like ~~other~~ <sup>an 5 day</sup> (fights?)**1-2 wks before that they probably today**(how are?) wake up in a park or sofa, etc**For my wife in separate room, lots of food, etc.,  
can't taste the alcohol, in park 1, 2 days  
full, wake up & I can eat, no (2-4)  
(not line of duty)*

Trouble after drinking

Blackouts

2x, in NavyPHYSICAL FIGHTS SINCE APPOINTMENT TO P.D.

## ARRESTS

**Number**

### Type

### Why so few or many

#### NECESSARY FORCE USED

Type of force *physical*

## Circumstances

Reaction  
"pures"  $\text{CH}_3\text{Br}$ ,  
Not so far my substitutivity

PHYSICAL STATUS  
(Employee's report of)

### General health

*see notes*  
Sick time on job ~~with sick leave~~,  
~~so steadily~~  
~~then, when~~

Hospitalizations — ~~united~~

Current medications:

was took large & long

HISTORY OF PSYCHOLOGICAL PROBLEMS  
(Whether or not received treatment)

~~After~~ took last run of 2 days away.  
No date May 4 1900  
No 4 100, rocks found until May 03, 1900.

ARRESTS/NON-TRAFFIC SUMMONSES (times employee)

MENTAL STATUS (Appearance, attitude, behavior, mood, thinking, speech, etc.)  
Appearance well. Report physical & stress & fully expect whatever variety of  
situation, but is resistant to accepting there is any kind of ~~other~~ <sup>new</sup> problem or stress problem.  
Does not want to be placed on R/F, minimized. not for evaluation

WHY P.D.?

View of their job in the Department  
Like police work in general, but do not like negotiations where he works &  
he does not want to write out of someone's 5250's. Disagrees with some about  
discrepancy for #15. Mind expansion labor duty to contest his poor comment evaluations

NYC00003007

Re: Potassium Schlescraft

7/27/09 - F/F C nos

The other was my slogan for not being  
wrote up for the at work one on R/P. They just have  
him along. Cally, phone, taking complaint reports, etc

Dr. S. J. Dipp  
Albuquerque

re: PD A. Schoutencraft

10/13/09

TC from P.C. office, Syt Bondilla

646-610-5410

Po Schoultz's father called "City Hall," and spoke to Mayor Stayler's assistant. The father said that his son was never told why he is on R.I.D. Sgt Burnilla reached out to Po Schoultz who said he was never told why he is on R.I.D.

I told SVA Australia that Dr Lamstein was away, so could not report in on exact conversation, but I read some notes which confirm she "gave feedback," and more. I tell that our policy is to make sure M&S know why ~~the~~ they are being placed in RIO (even if they may disagree). We also try to direct M&S to places they can get help, as Dr. Lamstein clearly did.

I told SJA that Dr. Lanstein would call in  
PO Schoolcraft as soon as she returned, <sup>two</sup> to answer any  
questions he may have. SJA Burnilla said that was  
fine - it ~~she~~ could wait for Dr. Lanstein's return.

Re: P.O. Adrian Schaeffer  
10/27/09 - FIFEMOS

d explained to Mos that d called him in immediately upon my return from a 2 wk vacation b/c d was receiving that his father made a complaint statement that d never told Mos the reason why he is on R/P. Since we had discussed that in detail at his initial & subsequent visits, d emphatically stressed an uncertainty of how he may not have wanted to tell his father the reason why he was on R/P. D made clear that he has a clear understanding of why he is on R/P, d again explained in detail that he is on R/P b/c he had significant physical manifestations of asthma that were causing much discomfort & would benefit from treatment & further monitoring.

Mos said he no longer has those physical symptoms now even though he is still facing the same asthma as before while on R/P, he is at present dead of PCT daily with complaints all day long - not able to sleep, has not only less asthmatic (in his opinion) or regular E/points.

d again recounts stress mgmt & relaxation training so the next time he is faced with new increased asthma, he won't have a recurrence of the chest pain, headache, sweating, expect strands, etc. that he had if and made him to come to PES. He said he bought both books d recommended stated reading them, but not that helped since not much he didn't know before. He bought the Burns book via book store & prepared the other book. He ~~had~~ <sup>had</sup> taught both books to today's class & had bookmark in them, ~~had~~ <sup>had</sup> a very poor understanding (so hasn't read much of them). He said he called a few people of generally b/c he took a class & one worked 400/hr/mo. d told him it could help him focus on Action Plan & to see they most common SET for physical set of AST. He said he would call later to his provider & to none of his exact HMO plan so d can make sure the provider are in-network. Mos expressed an appreciation of the assistance.

Schaeffer Pg 2

10/27/09 - Mos called with his health insurance info.

C Dorothy Prys.

10/27/09 - T/C to Mos

I informed Mos that I found a number of psychologists in Forest Hills (his preferred location) who accept Actis Billing & specialize in CBT, ART, etc. area NY. He does not have private for members of staff to mail it to him, or also you to the Actisbehavioralhealth.com website for further info, as well as education & assessment tools. \_\_\_\_\_ C Dorothy Prys.

\* Andrew Kane, Ph.D.

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Just let me know if you need any further assistance.

Otto J. Zlotnick, Ph.D.

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